

Killamarsh Medical Practice

Your Healthcare Team

GP Partners

Dr P Cracknell (m) MB ChB 1989
GMC: 3350784

Dr S Shaw (m) MB ChB 1990
GMC: 3497359

Dr H Brar (f) MD 1996
GMC: 4330963

Dr G Strachan (m) MB ChB 1996
GMC: 4299428

Salaried GPs

Dr A Oldale (f) MB ChB 1999
GMC: 4606015

Dr H Bird (f) MB ChB 2008
GMC: 7014777

Practice Nurses

Teresa Brunt
Kristy Evett

Community Nurse

Barbara Kelly

Healthcare Assistants

Nicola Parker
Jessica Humphries

Business Manager

Victoria Webb

Our healthcare team is supported by a highly experienced and dedicated team of administrative staff. We all work together as part of a team to deliver a high quality of healthcare services to our patients.

Surgery Opening Times

Monday - Friday
08:00am - 18:30pm

If you need to contact a doctor when the surgery is closed



When it's less urgent
than 999

Why not get 2018 off to a great start with a FREE healthy lifestyles service that will help you:

- Stop Smoking
- Manage your weight
- Get more active
- Identify your health and wellbeing



To find our more information, please visit www.livelifebetterderbyshire.org.uk or call 0800 085 2299

Thinking of travelling at the last minute?

Are you hoping to book a fantastic deal on the internet or get a bargain at the travel agents?



That would be great but

PLEASE REMEMBER

We do not have last minute appointments.

You should attend surgery at least 6-8 weeks before departure. Why not even come to discuss your intended travel plans when you book your annual leave

Going the extra mile for Winter Pressures

Winter is traditionally a very busy time for GPs and hospitals. It brings with it illnesses and ailments such as flu, coughs and colds and Norovirus.


Winter conditions can be seriously bad for our health, especially for people aged 65 or older and people with long-term health conditions. That's why it's important to look after yourself, especially during the winter. If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice from your local pharmacist.

During the winter months appointment demand is at its highest and this puts an enormous amount of pressure on all NHS services.

To help ease Winter Pressures, Killamarsh Medical Practice will be providing additional appointments between 1st December 2017 and 5th April 2018.

Further advice on 'How To Stay Well This Winter' can be found at www.nhs.uk/staywell

Taking ANTIBIOTICS when you don't need them puts you and your family at risk

Keep  Working



Killamarsh Medical Practice would like to make patients aware of the latest Public Health England's national campaign, **Keep Antibiotics Working!**

Remember if you're feeling unwell antibiotics aren't always needed.

Taking antibiotics encourages harmful bacteria that live inside you to become resistant. That means that antibiotics may not work when you really need them. This puts you and your family at risk of a more severe or longer illness.

X Antibiotics **DON'T** work for:

- Colds
- Flu
- Vomiting
- Most coughs
- Most ear infections
- Most sore throats
- Most diarrhoea
- Most cystitis

Take your Pharmacist's advice

✓ Antibiotics are **NEEDED** for:

Serious bacterial infections including:

- Sepsis
- Pneumonia
- Urinary tract infections
- Sexually transmitted infections
- Meningococcal meningitis

Take your Doctor's advice



Join our Patient Participation Group Today!

If you are interested in joining our relaxed PPG group which meets twice a year for an hour, please call 01142 510000 and speak to our Business Manager, Victoria Webb.

Take greater control of your own health, at a time that is convenient to you! Ask at reception to register today



NHS

GP online services

Quick, easy and secure

- Book GP appointments
- Order repeat prescriptions
- Access your GP records

Staff Update

We are delighted to announce that Dr Bird will be returning from her maternity leave in the New Year. We would like to thank Dr Humayun and Dr Radhadkrishnan for providing locum GP cover during her maternity leave.

Wasted Appointments

During the month of December the following appointments failed to attend:

Doctors: 70 failed appointments, over 11 hours wasted

Nurses: 101 failed appointments, over 21 hours wasted

Please can we ask that patients cancel any unwanted appointments in advance! This will enable us to allocate those appointment slots to patients that really need them the most.